

OCTOBER 2025



## YOU gave him a way out of addiction and brokenness

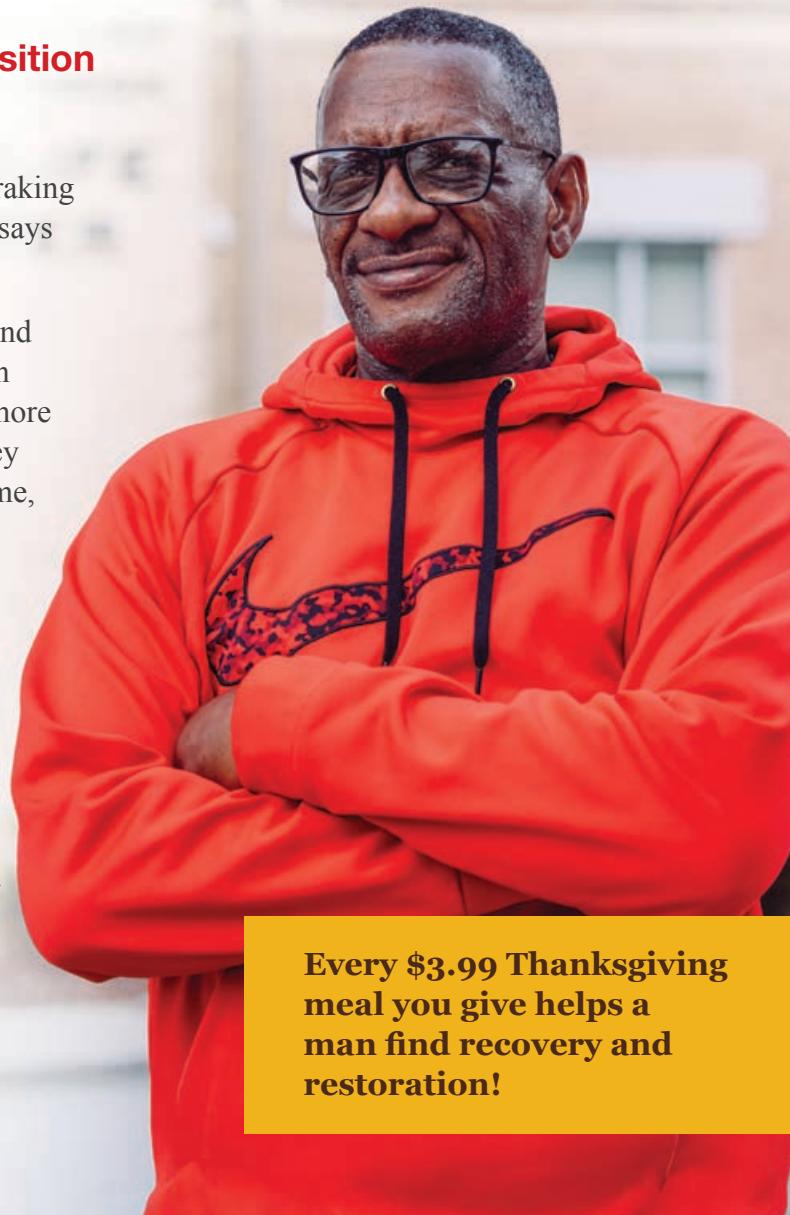
**Timothy couldn't believe he was in this position — hungry, homeless, and . . .**

. . . digging in a McDonald's dumpster. But there he was, raking through food scraps. "I was so hungry and at my lowest," says Timothy. "I felt like I was going to die."

A long road brought him to this rock-bottom moment behind the McDonald's. While on the surface, Timothy grew up in what looked like a "normal" home, the reality was much more complicated. "I was abused at an early age," he says. "They basically raised me middle class but yet abusive." Over time, especially with an overworked mom who wasn't around because she was trying to hold down two jobs, Timothy began to internalize a sense of worthlessness. "Low self-esteem became a part of my life. My mom told me, at one point, I wouldn't amount to anything. And she told me to strengthen me, she said. But to me, I think it turned me the opposite way."

Timothy hid all his pain behind sports through high school. Athletic talent wasn't the only thing he hid behind. He started drinking at just 15. Peer pressure, parties, and the pain of his past soon coaxed Timothy into drug use.

"I became angry all the time and started selling drugs on the side. Once I got on cocaine, my whole life changed."



**Every \$3.99 Thanksgiving meal you give helps a man find recovery and restoration!**

**Continued inside ▶**

# Every \$3.99 Thanksgiving meal you provide will open the door



*Because you give, Timothy is living a life of purpose and sobriety that he never thought possible. Thank you for helping men like him break the cycle of addiction and homelessness!*

**Timothy's story . . .** (Continued from pg. 1)

## Trapped in a cycle

A cycle began — in and out of jail, on and off the streets. Timothy longed to make something meaningful out of his mess. After a long stint of homelessness, he did. For 12 years, he was clean. And 11 of those years were spent married. But a separation led Timothy back to drinking and drugs.

“That left me homeless and living out of my car,” he says.

As he rummaged through the McDonald’s dumpster, Timothy came to the end of himself. “I started crying out to God,” he says. “That drew me to get help.”

## From death to life

Timothy had come to the Mission before, but he had never stayed long. This time was different. “Walking through the doors was like Heaven,” he says. “They

accepted me as I was. I knew I would be okay.”

As he journeyed through the Life Builders Program — and after, the long-term Transformers Program — Timothy learned how to conquer the giants in his life, build his character with Christ, and love himself as God loves him.

“I was spiritually dead when I got here,” says Timothy. “I’m alive again. I would be dead if I hadn’t come to the Mission.”

Because you give, Timothy received all the support he needed to step into lasting sobriety. He graduated from the Transformers Program, started barber school, and earned his Peer Support Certification to help other men who are struggling.

“I love who I’m becoming,” says Timothy. “I want to be used for God’s glory. It’s a powerful thing when you come here. It gives people a chance.”

**Your partnership this Thanksgiving is the key to life change!**

**to healing, sobriety, and stability!**

AN INSIDE GLIMPSE . . .



## What does our “family table” look like at the Mission?

On Thanksgiving Day, our dining room is full — with the smell of roasted turkey, the sound of laughter, and our Mission “family.”

For many men in our recovery programs, this is the first holiday in years they’ve enjoyed a meal in a safe, sober, Christ-centered environment. The staff and men at the Winston-Salem Rescue Mission are their family.

**That’s why your generosity provides more than just Thanksgiving meals.**

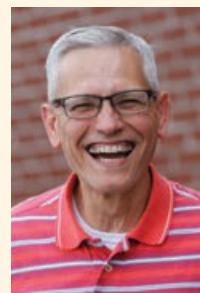
You give men a place to open up in fellowship. They share stories, progress, setbacks, and dreams. Each meal is a chance to connect, be treated with dignity, and be encouraged in their healing journey.

A meal may last only minutes. But your impact lasts for eternity. Thank you for helping men rebuild their lives through Christ-centered recovery!



**FROM THE  
EXECUTIVE DIRECTOR**

## Presence is powerful



As Thanksgiving approaches, I’ve been reflecting on how often Jesus sat with people around tables.

**LOU CARRICO**  
Executive Director

He shared meals with tax collectors and sinners. He broke bread with His disciples — even knowing one would betray Him. And when questioned, He responded, “Those who are well have no need of a physician, but those who are sick.” (Matthew 9:12)

At the Mission, that’s why we sit around the table with men in recovery on Thanksgiving. You and I could very well be in one of their seats. We’re all in need of a Savior.

***So yes, Thanksgiving is about a hot meal. But it’s also much more than that.***

For our men in recovery — for all of us, really — it’s a reminder of how Christ came to set us free. Not to perfect us, but to sanctify us.

For many of the men we serve, our dining room becomes a place they experience that, where they feel like part of a family again. So when you give and pray, know you’re part of something that lasts.

*Lou Carrico*



## \$3.99 isn't just a meal . . . it's hope for recovery and stability after addiction



No family door to knock on. No table to sit at. No plate to fill.

For many men fighting the battle of addiction, this is Thanksgiving for them. Empty and lonely.

But when you give, you provide a place at the Winston-Salem Rescue Mission — a place where men can break free from addiction and find a seat at not just the Thanksgiving table, but God's table.

**Every \$3.99 Thanksgiving meal you give today provides nourishment, comfort, and connection for a man in recovery.**

It might seem small — but it's a vital start that meets essential needs so a man who has been struggling can focus on rebuilding his life with community and with Christ.

## 3 easy ways to change a neighbor's life this fall!

Give now to share meals and vital care with men hurting from addiction and poverty in the Triad

**1. MAIL** your gift and reply form in the enclosed envelope.



**2. GIVE ONLINE** at [wsrescue.org/FallImpact](http://wsrescue.org/FallImpact).



**3. SCAN** the QR code to give now.



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